

THE IDENTITY MATRIX



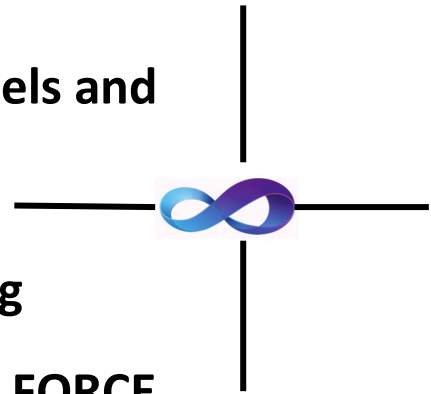
**An Integrating System.
Developmental.
Relational.
Systemic.**

Touchstone and Talisman is the story of

THE IDENTITY MATRIX

The IDENTITY MATRIX is:-

- An integrating tool for personal and professional development
- An integration of TA with other models and theories
- DYNAMIC and continually developing
- An ENERGY model. PHYSIS is the LIFE FORCE, driving us toward our true potential
- SYSTEMIC. We need to know ourselves in each part and all parts of the system
- Some people prefer visual representations.



The Identity Matrix is a visual representation of your internal and external process

A TOUCHSTONE and a TOOL .. It's like a TARDIS.

MODULES. There are currently five modules.

Module 1) FOUNDATION and PHILOSOPHY

- The OK – OK. structure of the Matrix was originally
The OK Corral (Ernst 1971)
- Berne (1962) said the + + position is not so much a
port to be arrived at but a constant destination.
- This is one perspective of Berne's life positions which
gives us a unique insight into a Matrix of MENTAL
HEALTH and HUMAN POTENTIAL.
- My potential for POWER AND VULNERABILITY and my
ability for both the positive and negative aspects of each
position.
- Based on the idea of the UNITY OF HUMANKIND.
- A process for choosing HOPE AND OPTIMISM towards a
better future.

Module 2) CHILD DEVELOPMENT

- **Based on Pam Levin Cycles of development. (1988) and Erik Erikson Psychosocial Stages of Development (1963)**
- **Dan Siegel – Neuroscience. Awareness, Chaos & Rigidity**
- **Virginia Satir ... Family Systems. (1966)**
- **Bowlby ...Attachment theory. (1969)**
- **Moiso's Feeling Loop. (1984)**

Recycling of Developmental stages throughout life.


Module 3) RUPTURES OF ATTACHMENT.

- **Maslows Hierarchy of Needs. (1943)**
- **Attachment deficit = Blocked energy and RIGID SYSTEM.**
- **SCRIPT is the story we tell ourselves in order to survive.**
- **The Drama Triangle represents the rigid and chaotic system.**
- **PHYSIS.- The LIFE FORCE**

Module 4) TOUCHSTONE PRACTICE.

- **Supervision. Training**
- **Spiritual development**
- **The development of therapeutic expertise.**
- **Options for change.**
- **Assessment and Treatment Planning.**
- **Restorative Practice.**
- **Professional Integration.**

Module 5) SPIRITUAL DEVELOPMENT.

- **Meta perspective.**
- **Quantum Physics.**
- **The symbol of Infinity.** 
- **Synchronicity.**
- **The Collective, the Shadow and The Higher Consciousness.**
- **Spiritual Integration.**